



# Springton Primary School

## Anti-Bullying Policy 2014

At Springton Primary School, all members of our community are committed to ensuring a safe and supportive environment which promotes personal growth and fosters positive self-esteem for everyone.

We strive to maintain a setting in which everyone feels valued and respected and where individual differences are appreciated, understood and accepted.

Within this context we do not tolerate bullying or harassment in any form.

### A definition of bullying

Bullying is defined here as a physical and / or psychological action by an individual or group which is purposely intended to hurt or stress another. Bullying is seen as deliberate and can occur over a period of time.

It includes:

### Direct bullying:

#### Physical:

- Hitting, kicking, punching, pushing, shoving, spitting, making rude gestures
- Taking or damaging something that belongs to someone else
- Forcing others to hand over food, money or something which belongs to them, making somebody do something they don't want to do.

#### Verbal:

- Name calling, teasing, threatening
- Making fun of someone because of their appearance, physical characteristics or cultural background
- Making fun of someone's actions

#### Indirect bullying:

- Excluding others from the game or the group

- Spreading untrue stories about others
- Hiding books or belongings
- Threatening gestures e.g. "looks"
- Graffiti
- Put downs
- Unwanted physical contact

#### Cyber bullying:

- Teasing, spreading rumours or sending unwanted messages using electronic methods such as
- email
- social network sites
- Instant messaging
- SMS

### What can be done about bullying?

All members of our school community can help prevent bullying behaviour. This includes:

- abstaining personally from bullying others
- actively discouraging bullying when it occurs
- giving support to those who are victimised

#### Responsibilities of Staff

- Be a positive role model.
- Teach students the skills and strategies for bullying prevention
- Be available and ready to listen and respond to reports of bullying
- Treat information seriously.
- Ensure follow-up by reviewing the situation.
- Empower students to take responsibility for themselves and their actions
- Support others in dealing with incidents of bullying.

#### Responsibilities of Students

- Make others feel happy and safe.
- Help the person being bullied
- Don't stand there and watch – get help.
- Show that you and your friends do not like bullying.
- Report bullying whether it happens to you or not.
- Respect and value other students, staff and members of the school community.

- Not take part in bullying behaviours towards other students and staff.
- Be compassionate, empathetic and understand the effects of racism, sexual harassment and bullying on individuals and groups in our society.
- Develop appropriate skills and behaviours in communicating and working effectively with people from a variety of backgrounds.
- Take responsibility for their own behaviours – tell the person or people to STOP the harassment or bullying.
- Talk to parents/caregivers or a trusted adult.

### Responsibilities of parents & caregivers

- Remind your children that they are highly valued and assist them in maintaining a positive self worth.
- Discuss positive strategies rather than getting even.
- Advise your child to tell a trusted adult.
- Watch for signs of distress and behavioural changes in their child:
  - Unwillingness to attend school
  - A pattern of headaches or stomach aches
  - Personal items or equipment that have gone missing
  - Damaged clothing or bruising
- Model appropriate behaviours at all times
- Inform the school if a bullying incident occurs within school time or the police if it occurs out of school.
- Be available and ready to listen to reports of bullying

### What we do about incidents of bullying

- We will listen and talk to the person who has been bullied and the person who has bullied others.
- We will put negotiated consequences in place for the person who has been bullying others.  
These may include a warning, time out, exclusion from play / special events/ excursions, being sent home, a meeting with parents, suspension or exclusion from school.

### What we do at Springton Primary School to reduce bullying

If an incident of bullying happens at Springton Primary School we use **prevention, intervention** and **post-intervention** strategies.

### Prevention strategies include:

- using the curriculum to teach students about respectful relationships, civics and citizenship
- developing programs to help students participate and have a say in their learning
- teaching students about violence prevention, conflict resolution, anger management and problem-solving strategies
- develop policies which promote student safety
- teaching for and about diversity
- providing professional learning for staff in collaboration with local agencies.

### Intervention strategies include:

- counselling students who have been bullied
- talking with parents or caregivers about the situation
- putting consequences in place for those who bully others
- teaching students to be better bystanders
- ensuring that all staff know how to address bullying effectively and respectfully

### Post-intervention strategies include:

- monitoring the situation between the students to ensure that their safety and wellbeing are maintained
- talking with parents or caregivers about strategies
- reviewing and evaluating behaviour codes and policies.

### At Springton Primary School we believe that:

#### **Bullying is everyone's business!**

**So we are working together to create learning environments where every student and school community member is safe, supported, respected, valued – and are free from bullying, violence, harassment and discrimination. We will review our Anti-Bullying Policy and Procedures annually to ensure we maintain a proactive stance to bullying.**

If you would like further information about bullying, please contact us at Springton Primary School on:

Telephone: 08 568 2254

Fax: 08 8568 2162

Email: [info@springtnps.sa.edu.au](mailto:info@springtnps.sa.edu.au)

# Springton Primary School

## Anti-Bullying Policy 2014

### Governing Council Approval

**Chairperson's name:** Petrina Hentschke

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Principal:** Michelle Barnes

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Review:** October 2014

### Springton Primary School – Anti-Bullying Operational Plan 2012

Aim	Actions	Responsibility	Data Collection	Intended outcome
<p>To create a school environment where every student and school community member is safe, supported, respected, valued, and free from bullying, violence, harassment and discrimination.</p>	<p>Develop, implement and monitor a Whole School Student Behaviour Management Program and an Anti-Bullying Strategy</p>	<p>SPS School Community</p>	<p>Bullying Audits Opinion Surveys SBM records</p>	<p>Shared responsibility for student &amp; staff well-being</p>
	<p>Provide a supportive school environment which encourages positive relationships between students, their families and staff.</p> <p>Strategies to foster these relationships will include:</p> <ul style="list-style-type: none"> <li>• Implementation of the “What’s the Buzz” program</li> <li>• Whole school assemblies, focus days, family nights, camps, excursions</li> <li>• Student-owned plans and activities (ie student committees/voice)</li> </ul>	<p>SPS School Community</p>	<p>Opinion Surveys CPSW Reviews SBM records</p>	<p>Implement proactive rather than reactive strategies in dealing with bullying behaviours</p>
	<p>Provide ongoing support to staff through professional development and collegiate support.</p>	<p>Principal Staff</p>		<p>Upskill of staff in relation to effective anti-bullying strategies</p>
	<p>Include material on bullying, tolerance and positive social behaviours in the curriculum. Display appropriate posters around the school (in corridors, classrooms and around buildings)</p>	<p>Principal Staff Students</p>	<p>Observation</p>	<p>Raise awareness of bullying behaviour &amp; appropriate intervention strategies</p>
	<p>Provide a safe environment for students, teachers, other staff and visitors, by ensuring that the school’s facilities are in a safe condition and that the school grounds are supervised by staff, before and after school and during recesses and lunchtimes.</p>	<p>Principal Staff</p>	<p>Business Manager</p>	<p>Safe school environment consistently monitored and promoted</p>
	<p>Maintain a caring playground environment which enables students to develop trust in and expect consistency from staff. Maintain a consistent approach to settling yard conflict, and place emphasis on encouraging and focusing on children who are playing and interacting appropriately.</p>	<p>Principal Staff Students</p>	<p>SBM Records Student Opinion Surveys Bullying Audits</p>	<p>Reduced SBM interventions</p>
	<p>Celebrate appropriate behaviour on a consistent basis, in small group, whole class or school based forums.</p>	<p>Principal Staff Students</p>	<p>Assembly records Newsletters</p>	<p>Positive behaviours actively encouraged and promoted within school environment.</p>
	<p>Early intervention with students identified as being at-risk for bullying others or being bullied.</p>	<p>Principal Staff</p>	<p>SBM Records Bullying Audits</p>	<p>Appropriate developmental support provided to students at risk.</p>
	<p>Educate the wider community by placing articles in newsletters and local media</p>	<p>Principal</p>	<p>Media Releases Newsletters</p>	<p>Raise awareness of bullying behaviour &amp; appropriate intervention strategies</p>

## Springton Primary School Anti-bullying Flowchart 2012

